

# NEWS BOWL

The Newsletter of the Lane Cove Bowling and Recreation Club 151 Burns Bay Road Lane Cove West 2066  
Telephone: 94205793 Email: [info@lanecovebowls.com.au](mailto:info@lanecovebowls.com.au) Website: [www.lanecovebowls.com.au](http://www.lanecovebowls.com.au)

EDITION 348 – TUESDAY, 20 DECEMBER 2022



**MERRY CHRISTMAS**

## ROOKIE SIMON IMPRESSES IN HIS FIRST GAME OF LAWN BOWLS



**Simon Kinsman**, in the lead position for his team, received praise from teammates and opponents alike in playing very consistent bowls in his first social game last Saturday.

His team were behind 3:17 after end 11 before cruising home with a wet sail to win narrowly 21:19. A great introduction!

## Tek Doctor

Is your PC or Mac sick?  
Is your Internet/WiFi not working or slow?  
Are you not sure how to use your iPad or iPhone?  
Whatever the issue, we can help with Set-up,  
Problems or Training  
Check out what we do and contact us for a no-obligation free quote at your Home or place of Business.



**WE CAN HELP! P: 0452 376100**

## CHRISTMAS GREETINGS FROM ENGLAND

Hi all

Hope you all have a wonderful Christmas and a healthy and joyous 2023.

We look forward to seeing you on March.

Chris and Brian 🎄 🎄 🎄



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Convivial couple **Brian Jonson** and **Chris Iszatt** reside in Marlow in south Buckinghamshire south east England. Marlow is located on the River Thames 53 kilometres west of central London. They are members of the Marlow Bowls Club which was established in 1919 and is close to the town centre. Brian and Chris visit family in OZ and NZ each year and Lane Cove BC welcomes them as a second home. They enjoy a game, a drink and a chat.

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LCCB

THE LANE COVE CONCERT BAND

The **Cameragyl Concert Band** are performing Christmas carols on Tuesday afternoon.

Commencing at the Lane Cove Bowling Club at 6.30 pm the band will meander up Burns Bay Road to the Lane Cove Plaza stopping at various points and collecting money for the Salvation Army.



The band will return to the Club at circa 8.00 pm.

All members are welcome to join in the fun.

**BOWLING RESULTS**

Wednesday 14 December 2022

**Social**

David Lloyd, Carole Boardman & Lindsay Sturman 22 defeated Monica Smith, Maureen Cosby & John Bowring 12;  
 David Erskine & Phil Wade 20 defeated Deon Van Niekerk & Simon Creedy 11;  
 Vic Solway & Stuart Smith 30 defeated Andrew Gordon & Bevan Piper 27;  
 Willie Mok & Bob Patterson/Kevin Mulhall 23 defeated Glenn Boardman & Greg Moon 12; and  
 Ole Hostrup & Marko Popovic 24 defeated Maureen Terrey & Ray Moran 23.

Saturday 17 December 2022

**Social**

David Lloyd, Jeanette Lloyd & Steve Brouggy 28 defeated David Lloyd, Kathy Heezen & Mark Burrough 19;  
 Simon Kinsman, Ole Hostrup & Sarah Hobson 21 defeated Brian Paxton/Bob Patterson, Stuart Smith & Marko Popovic 19;  
 Susan Walder, Kay Mulhall & Chris Sinclair 24 defeated David Erskine, Howard Lee & Simon Creedy 18;  
 Carole Boardman, David Hillerman & Kevin Mulhall 23 defeated Maria Brouggy, Glenn Boardman & Phil Wade 12; and  
 Maureen Cosby, Monica Smith & John Lloyd 27 defeated Judy Carroll, Vic Solway & Peter Zucconi 10.

**BOWLING PROGRAMME (Critical Dates)**

<b>Date</b>	<b>Event</b>
Tp be advised	Mixed Pairs Final
01 January 23	Major Singles – entries close 3.00pm
01 January 23	Minor Singles – entries close 3.00pm
13 January	Zone 9 Fours entries close
15 January	Major Singles – 1 <sup>st</sup> round
22 January	Minor Singles – 1 <sup>st</sup> round

**MAJOR AND MINOR SINGLES CLOSE 1 JANUARY 2023. Entries on noticeboard.**

**Singles**

All matches shall be 25 shots up. Shots in excess of 25 do not count.

There are no reduced durations for sectional matches in singles.

## **SELECTED CONDITIONS OF PLAY AFFECTING SINGLES COMPETITION**

### **Markers**

A marker shall be appointed for each singles match.

A player defeated must mark in the next round scheduled on that day, if required by the Controlling Body. If more markers are available than required names shall be drawn by lot, before the first match. A substitute marker may mark.

A player drawn in singles sectional play must mark in any round of that sectional play if required by the Controlling Body.

A player who has drawn a bye in knockout play must mark that round played on the same day they are drawn to play if required by the Controlling Body.

A player defeated in Clubs Singles match, must mark a match in the subsequent round, if required by the Club Controlling Body. If more markers are available than required names shall be drawn by lot, before the first match. A substitute marker may mark.

### **Personal Electronic Devices**

Personal Electronic Devices / Communication Devices shall not be taken onto the green or surrounds during the playing of any Association Match, except with the explicit approval of the Controlling Body.

Personal Electronic Devices / Communication Devices shall not be used on the green during the playing of any Championship Event, except with the explicit approval of the Controlling Body.

If approved by the Controlling Body, any communication device used shall be in 'silent mode'.

### **Restricting Movement of Players**

At the commencement of each end Singles Players shall be at the mat end of the green.

### **Walking to the Head**

After delivery of their third and fourth bowls.

## OLDER AUSTRALIANS ENCOURAGED TO ROLL BACK THE CLOCK

**Lane Cove Bowling and Recreation Club** is taking a step towards curbing low physical activity rates among older Australians by encouraging them to "roll back the clock" through lawn bowls.

Roll Back the Clock is a Bowls Australia initiative, in partnership with Sport Australia, that aims to boost physical activity rates among Australians aged 65 and over through bowls, light exercise and education.

Presently, as little as 25-percent of Australians over-65 meet the Department of Health's physical activity guidelines of 30 minutes of activity per day.

Health-related reasons, including physical and mental health, are the main barriers for older Australians participating in sport or physical activities and bowls is seen as a low-impact, socially-inclusive activity that can be enjoyed by individuals of all ages.

Roll Back The Clock programs incorporate a two-part activity lasting 30 minutes each, targeting both the body and mind through bowls, functional training, fitness and wellness education, and socialisation.

Sessions are adapted for individuals, with benefits ranging from enabling participants to perform activities of daily life more easily, to withstanding injuries and providing a sense of accomplishment and achievement.

In addition to the physical health benefits, engaging in physical activity and group sports for older Australians provides increasingly important opportunities for socialisation, peer-support, and conversation that reduces the possibility for loneliness related physical and mental illnesses.



Roll Back The Clock will be staged regularly at **Lane Cove Bowling and Recreation Club**, over 8 weeks, commencing 7 February 2023.

🕒 The program will run from 12:00pm – 1:00pm on Tuesdays and combines exercise, wellness education, socialisation and little bit of bowls.

For further information please Telephone 0417 871 751

**BIRTHDAYS:** "With mirth and laughter let old wrinkles come." William Shakespeare



If you have a birthday this week you share it with Bill O'Reilly (20<sup>th</sup>), Karrie Webb (21<sup>st</sup>), Jan Stephenson (22<sup>nd</sup>), Kevin Longbottom (23<sup>rd</sup>), Noel Freeman (24<sup>th</sup>), Clarrie Grimmett (25<sup>th</sup>) and Don Furner (26<sup>th</sup>).

### ON TELEVISION



Horse Racing – Coonabarabran Cup

The Bowls Show – 7TWO

Cricket – Australia vs South Africa



1. The word muscle derives from the Latin name of which pest?
2. Which is the world's northernmost capital city?
3. What is the only country that borders the United Kingdom?
4. What is the name of the only sea that doesn't have a coastline?
5. What is the world's shortest river?

**Answers:** 1 Mouse ('mus' in Latin). 2 Reykjavik. 3 Ireland. 4 Sargasso Sea. 5 Roe River.



**Riddle:** What has six faces but no mouth? (Answer page 14)

## DESTINATIONS – Mathoura, NSW

Home to the world's largest red gum forest



Mathoura is a great little town surrounded by the forest and the waterways of the Murray and Edward Rivers. Mathoura was settled in the 1840s and became a staging and resting point for Cobb & Co Coaches. Since the early days the nearby river red gum forests were harvested to supply the paddle steamer trade and later the railways for the supply of sleepers. The Millewa Forest to the east of the town is the world's largest red gum forest. The mainstay of the town's economy is the timber industry. The red gum timber is used for railway sleepers, furniture, landscaping, firewood and fence posts.

**Population: 938**

**Established: 1860**

**Elevation: 105 m (344 ft)**



## Location

Mathoura is located 753 km south-west of Sydney via Lockhart and Deniliquin. It is 38 km south of Deniliquin, 42 km from Echuca and 97 m above sea-level.

## Origin of Name

It is claimed that 'mathoura' is a local Yorta Yorta Aboriginal word meaning 'windy'. The settlement was officially named by the government surveyor in 1858. Prior to 'Mathoura' it had been known as Redbank, after an inn on the river bank.

### Mathoura Heritage Trail

It is a comment on the modest history of the small town that the notable historic landmarks include the original Douglas Brothers' store, the Mathoura Railway Station and railway sleepers, the main street, the single storey Pastoral Hotel, the old water tower, the Red Gum man and the Soldiers Memorial Gardens.

### Gulpa Creek Walk Trail

Has nine points of interest including:

**Cranes Bridge** which was built in 1925 by the Douglas Sawmill so that bullock teams could bring timber from Gulpa Island to the mill in Mathoura. It is an ideal



place to see the Cadell Fault as a cutting, which is 2.4 metres deep, has been carved into the fault. It was created so that large logs could be hauled to the mill.

**Aboriginal Oven Mound** - a rare example of an oven created by the local Yorta Yorta people where fish, shellfish, birds and small mammals were cooked.

**Bush Tucker** - you can see bush tucker along the walk including dwarf cherry, butter bush, water ribbons, yellow wood sorrel and cranesbills.

**Canoe Tree** - there are at least three canoe trees along the walk. These are trees where the bark has been removed to make canoes.

Gulpa Island is contained between the Edward River and Gulpa Creek.

### **Gulpa Island Drive**

This 10 km drive through the Murray Valley National Park are the Red River Gums in all their glory. As well, there is the birdlife in the district which includes pelicans, swans, cormorants, kingfishers, ibis, spoonbills and duck species which inhabit the wetlands. There are also martins, blue wrens, doves, cockatoos, parrots, eagles, hawks and warblers in the area. There are also kangaroos, possums, foxes and emus in the drier areas and the occasional platypus and water rat in the creeks and rivers.

### **Murray Valley National Park**

Mathoura Forest covers 70,000 ha and offers activities including canoeing or kayaking on the Edward River; observing the rich birdlife at the Reed Beds Bird Hide boardwalk; and staying at the many campsites in the park. There are numerous beautiful drive trails which wind through the forest where some of the trees rise to a height of 40 m. Timber has proven an economic mainstay of the area ever since the woodcutters first arrived in the 1860s. It is used for railway sleepers, fence posts, house stumps etc. In the early days the fallen trees were hauled by bullocks to the riverbank where they were loaded on barges and taken to the sawmills. The sawyers often left behind large stumps which can still be found in the forest. The size of the stumps is due to the fact that the red gum tends to be hollow at the base and so the timber-getters inserted a board in the base of the tree and stood upon it while cutting through the tree up to 3 m above the ground.

### **Cadell Tilt**



The Cadell Tilt between 20-30,000 years ago a series of large earthquakes pushed up the land between Echuca in the south and Deniliquin in the north. Prior to this the Murray River had been flowing uninterrupted through the area. The "tilt" created a natural weir, the land flooded, and the waters from the Murray were

redirected through the Edward River. At the time there were no Red River Gums in the area but around 6,000 years ago the gums started invading. The Tilt is visible on the eastern side of the Cobb Highway where the ground slopes down to the Millewa Forest and also near Cranes Bridge.

## History

- \* The first European into the area was the explorer Charles Sturt who reached the Edward River in 1838 but crossed to the southern side of the Murray River because of impassable wetlands.
- \* In 1840 Edward Howe, overlanding cattle to South Australia, camped on the banks of the Gulpa Creek.
- \* In 1842 a squatter named Peter Stuckey took up land at Mathoura.
- \* By 1848 a man named Ward had a shanty on the banks of the Gulpa Creek.
- \* In 1853 William Carter took over Ward's shanty and called it Redbank Inn. The settlement became known as Redbank.
- \* In 1858 Surveyor McCulloch surveyed and named Mathoura.
- \* In 1859 Cobb & Co start a service from Deniliquin to the Redbank Inn.
- \* In 1865 Robert 'Redgum' Barbour built his first sawmill. In the same year Henry Burton purchased the Redbank Inn. He was a circus proprietor and he used it as his winter base.
- \* By 1876 the privately owned Moama to Deniliquin railway company was running trains between the two centres which ran through Mathoura.
- \* In 1877 local parents built a schoolhouse and a sawmill was opened in town.
- \* In 1896 127 unemployed men from Sydney arrived to thin out the red river gum forest.
- \* By 1906 Mathoura was the principal town of the newly established Murray Shire.
- \* The Shire Hall was built in 1910.
- \* In 1923 Douglas Brothers built a new sawmill.
- \* In 1926 Victorian Railways stop purchasing railway sleepers and 50 timber cutters were put out of work.
- \* In 1930 7,000 railway sleepers were cut at Mathoura to build the trans-continental railway across the Nullarbor.



**WORD OF THE WEEK:** PULCHRITUDE (noun) Beauty

**IDIOM OF THE WEEK:** Wrap your head around something: Understand something complicated

**QUOTE OF THE WEEK:** "It's not how much we give but how much love we put into giving." – Mother Theresa

**PRINCIPLE OF THE WEEK:** Propriety- standard of what is socially acceptable in conduct or speech

**WICKED WORDS:"** I confess I have yet to learn that a lesson of the purest good may not be drawn from the vilest evil." - Oliver Twist by Charles Dickens

**ANOTHER VIEW:** "Don't look back. You're not going that way."

**A NOVEL NOTE:** "But I hate to hear you talking so, like a fine gentleman, and as if women were all fine ladies, instead of rational creatures. We none of us expect to be in smooth water all our days." *Persuasion* by Jane Austen

**DID YOU KNOW:** Having been first created in Italy many, many years ago, Nutella is a festive family favourite in Italy. So festive in fact that the jars are gifted with different Christmas coloured lids to add to the spirit!

**FUN FACT:** Badnjak or Badnji dan (Christmas Eve). The word Badnjak, which is how Croatian's refer to Christmas Eve, comes from the name of the log lit on Badnja večer, the evening before Christmas Day, usually by the father of the family. In some regions of Croatia (e.g., Dalmatia) the log is sprinkled with wine before being lit.

**SHE SAID IT:** "I stopped believing in Santa Claus when I was six. Mother took me to see him in a department store and he asked for my autograph." – Shirley Temple

**HE SAID IT:** "Aren't we forgetting the true meaning of Christmas? You know, the birth of Santa." — Bart Simpson.

**SHE ALSO SAID IT:** "The one thing women don't want to find in their stockings on Christmas morning is their husband." — Joan Rivers

**HE ALSO SAID IT:** "My mother-in-law has come round to our house at Christmas seven years running. This year we're having a change. We're going to let her in." — Leslie Dawson, Jr.

**BEST LINE**\_\_\_\_\_

**S**

**2006**

**POSEIDON**

**2006**



After a huge tidal wave capsizes a luxury liner in the North Atlantic, individual survivors (Josh Lucas, Kurt Russell, Jacinda Barrett) band together and traverse a hazardous upside-down maze that they hope will take them to safety. As the wrecked vessel fills with water, the survivors must call on hidden strengths and skills to face the fight of their lives.

**Richard Nelson:** I wouldn't put a lot of faith on what the captain says. I'm an architect, and these boats weren't designed to float upside down.

**Director:** Wolfgang Petersen \* **Producer:** Wolfgang Petersen, Duncan Henderson, Akiva Goldsman, Mike Fleiss \* **Writer:** Mark Protosevich \* **Stars:** Richard Dreyfuss (Richard Nelson) Kurt Russell (Robert Ramsey) Emmy Rossum (Jennifer Ramsey)



## JOKE OF THE WEEK. BAD PARROT



A young man named John received a parrot as a gift. The parrot had a bad attitude and an even worse vocabulary.

Every word out of the bird's mouth was rude, obnoxious and laced with profanity.

John tried and tried to change the bird's attitude by consistently saying only polite words, playing soft music and anything else he could think of to 'clean up' the bird's vocabulary.

Finally, John was fed up and he yelled at the parrot. The parrot yelled back. John shook the parrot and the parrot got angrier and even more rude. John, in desperation, threw up his hand, grabbed the bird and put him in the freezer. For a few minutes the parrot squawked and kicked and screamed.

Then suddenly there was total quiet. Not a peep was heard for over a minute.

Fearing that he'd hurt the parrot, John quickly opened the door to the freezer. The parrot calmly stepped out onto John's outstretched arms and said "I believe I may have offended you with my rude language and actions. I'm sincerely remorseful for my inappropriate transgressions and I fully intend to do everything I can to correct my rude and unforgivable behaviour."

John was stunned at the change in the bird's attitude.

As he was about to ask the parrot what had made such a dramatic change in his behaviour, the bird spoke-up, very softly, "May I ask what the turkey did?"

Happy Christmas!!!

"There's the Vicar at the window sponging his Aspidistra."

"Horrid old man! He ought to do it in the bathroom!"



**Riddle:** A die.

## TICKLES CORNER



Billy



"I wrapped my Christmas presents early this year, but I used the wrong paper. See, the paper I used said 'Happy Birthday' on it. I didn't want to waste it so I just wrote 'Jesus' on it."

## City of Sydney's Christmas in the City

*Christmas concerts, fairs, markets and choirs await thanks to City of Sydney's Christmas in the City program this year!*



City of Sydney is putting on a real festive show this year, from magical events to festive shopping experiences – there's so much to see and explore. For [Christmas in the City](#), Martin Place will become a festive wonderland with a kaleidoscope of colours and twinkling lights creating a delightful Christmas spectacle. The spectacular Martin Place Christmas Tree is the centrepiece of Sydney's *Christmas in the City* and is Sydney's tallest Christmas tree, decorated with more than 110,000 LED lights, a 3.4-metre colour-changing star and 330 bespoke glossy baubles. A new Christmas market will also take over the pedestrian boulevard every Thursday, Friday and Saturday in December.

Pitt Street Mall will once again come alive with its annual Canopy of Lights, adding a bit of sparkle to your late-night Christmas shopping and December will see Christmas concerts featuring kids' artists and entertainers, craft activities and games, a community barbecue and food trucks including Gelato Messina hitting six locations across Sydney.

**Where:** Martin Place and Pitt Street Mall, Sydney CBD

**When:** Throughout December





*"Great, traditional pizza and a lovely little restaurant. Excellent service with an Italian accent which always makes the pizza taste better!"*



**"Poseidon's Catch Seafood is a real gem. A family restaurant that really values their customers. Their seafood is delicious and their salads are a must have."**

# Hummerston's Gourmet Meats



WHERE THE *locals* MATTER



# RAFFLES EVERY FRIDAY

EXCEPT 30<sup>TH</sup> DECEMBER AND 6<sup>TH</sup> JANUARY 2023

Tickets @ \$2 each on sale from 5.30 p.m.

Draw starts at 6.30 p.m.



**MEAT AND WINE**

**BOTTLES OF WINE**

**IGA QUALITY MEAT TRAYS**

**POSEIDON'S CATCH SEAFOOD VOUCHERS**

**ZAPPARELLI'S PIZZA VOUCHERS**

PLUS

**BONUS DRAW** FOR

**GOURMET MEAT TRAY**

BONUS - 1 draw for all tickets purchased in that night's raffle –the winner gets the gourmet meat tray.

## LANE COVE BOWLING & RECREATION CLUB FESTIVE SEASON OPENING HOURS

- Friday 23rd – 12 noon opening – Raffle @6.30pm – 10.30pm close
- Saturday 24th (Christmas Eve) – 12 noon opening – 7.30pm close
- Sunday 25th (Christmas Day) – CLOSED
- Monday 26th (Boxing Day) – 12 noon opening – 7.30pm close
- Tuesday 27th (Public Holiday) – 12 noon opening – 7.30pm close
- Wednesday 28th – 12 noon opening – 7.30pm close
- Thursday 29th – 12 noon opening – 7.30pm close
- Friday 30th – 12 noon opening – 7.30pm close  
**Friday raffles will resume on 13<sup>th</sup> January 2023**
- Saturday 31st – 12 noon opening – 7.30pm close
- Sunday 1st (New Year's Day) – 2.00pm opening – 7.30 close
- Monday 2nd (Public Holiday)– 12 noon opening – 7.30 close
- Tuesday 3rd – 12 noon opening – 7.30 close

