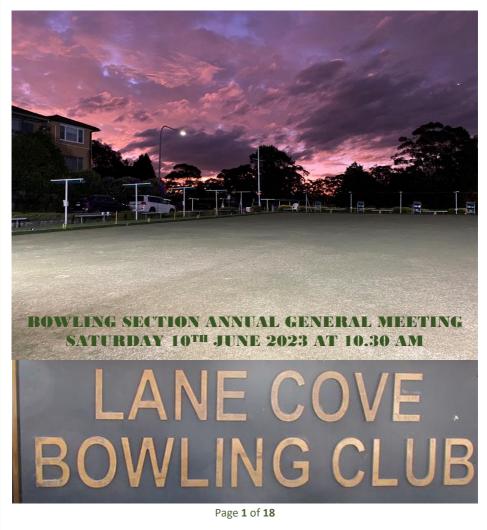


The Newsletter of the Lane Cove Bowling and Recreation Club 151 Burns Bay Road Lane Cove West 2066 Telephone: 94205793 Email: <u>info@lanecovebowls.com.au</u> Website: www.lanecovebowls.com.au

### EDITION 369 - TUESDAY, 16 MAY 2023



#### JOHN LLOYD FIRST TO QUALIFY FOR CONSISTENCY SINGLES FINAL

John Lloyd, conceding Sarah Hobson 30 points on handicap, is first to qualify for the final of the 2023 edition of the Consistency Singles.

The match could be defined in four ends where John scored 38 points to Sarah's 2 points. It took John 26 ends to make up the handicap plus another 7 ends before winning 156 points to 144 points.

John will play the winner of Peter Zucconi or Jenny Moran in the final.

Statistics:

Player	John Lloyd (scr.)	Sarah Hobson (30)
Match points	156	144
Handicap points	-30	-
Total points	186	144
Ends won	14	12
Ends drawn	7	

#### PETER ZUCCONI ROLLS HIS WAY INTO QUARTER FINAL OF CONSISTENCY SINGLES.

Peter Zucconi, in receipt of a handsome handicap of 35 points, rolled to a 150-points to 75-points victory against Scott Bonthrone last Saturday.

Of 26 ends played Peter won all bar one of the last 16 ends of the match!

Peter will play Jenny Moran in the 3<sup>rd</sup> guarter final.

Statistics:			
Player	Peter Zucconi (35)	Scott Bonthrone (scr)	
Match points	150	75	
Handicap points	-	-35	
Total points	150	110	
Ends won	14	5	
Ends drawn		7	



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#### **BOWLING RESULTS**

#### Wednesday 10 May 2023

#### Social

Ole Hostrup, Simon Kinsman & Simon Creedy 26 defeated Howard Lee, John Bowring & Kay Mulhall 14;

Will Godfrey, David Erskine & Vic Solway 22 defeated Deon Van Niekerk, Bevan Piper & Marko Popovic 11;

Stuart Smith, Greg Moon & Ray Moran 19 defeated Meredith Collum, Jenny Moran & Kevin Mulhall 16; and

Pat Singleton, G. Ronaldson & Stuart Dixon 21 defeated Maureen Terrey, Maria Brouggy & Rex Johnston 15.

#### Saturday 13 May 2023

#### Consistency Singles – 3<sup>rd</sup> quarter final

Peter Zucconi (Hcp 35) 150 defeated Scott Bonthrone (Scr) 75

#### Social

Maria Brouggy, Vic Solway & Simon Creedy 20 defeated Monica Smith/Judy Carroll, Ole Hostrup & Stuart Dixon 18;

Jenny Moran & Kevin Mulhall 22 defeated David Erskine & Rex Johnston 17; Geoff Ronaldson & Ray Moran 21 defeated Deon Van Niekerk & Bob Patterson 16; and

Steve Brouggy, Simon Kinsman & Stuart Smith 19 defeated Steve Brouggy, Susan Walder & Maureen Terrey 14.

#### Sunday 14 May 2023

#### Consistency Singles – 1<sup>st</sup> Semi-final

John Lloyd (Scr.) 156 defeated Sarah Hobson (Hcp 30) 144

#### BOWLING PROGRAMME (Critical Dates)

Date	Event
21 May	Open Handicap Pairs – Semi-finals
28 May	Consistency Singles - Final
28 May	70 Years and over Handicap Pairs – Final
04 Jun	Open Handicap Pairs - Final
10 Jun	Bowling Section Annual General Meeting – 10.30 am

"Do you know what my favourite part of the game is? The opportunity to play." -Mike Singletary



**BIRTHDAYS**: Don't stress about your eyesight failing as you get older. It's nature's way of protecting you from shock as you walk past the mirror.

If you have a birthday this week you share it with Ian Thomson (16th), Mark McGaw (17th), Tim Horan (18th), Andrew Johns (19th), Andrew Hilditch (20th), John Konrads

(21st) and Kathleen McGuire (22nd).

#### **ON TELEVISION**



Horse Racing - Lord Mayors Cup - Rosehill

AFL – GWS Giants vs St. Kilda

Rugby League – Broncos vs Panthers



Which of Australia's native snakes is the longest?
What is Australia's rarest bird of prey?

2. What is Australia's rarest bird of prey?

3 Who was the Australian author who wrote the novel Drylands?

- 4. Where was Tasmania's first settlement back in 1803?
- 5 Hieroglyphs were used by which of these civilizations?

**Answers**: 1 The scrub python can reach up to 8 metres (26 feet) long and weigh in excess of 25 kilograms (55 pounds). 2 Red Goshawk. 3 Thea Astley. 4 Risdon Cove. 5 Egypt.

**Riddle:** It rests in the day and goes out at night, with wings, but no feathers, to help it fly. What is it? (Answer page 12)



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WORD OF THE WEEK: ANFRACTUOUS (adjective); Winding, full of turnings.

**IDIOM OF THE WEEK:** A piece of cake: refers to a task or job that's easy to do, like eating a delicious piece of cake! If you don't prefer cake, you can also say it's easy as pie.

**QUOTE OF THE WEEK:** "It's not easy being a mom. If it were easy, fathers would do it." – Betty White

WICKED WORDS: 'Behind every successful man stands a surprised mother-in-law.' - Voltaire

**ANOTHER VIEW**: "I've learned something about kids — they don't do what you say; they do what you do." - Jennifer Lopez

**A NOVEL NOTE: "**Digressions, incontestably, are the sunshine – they are the life, the soul of reading." The Life and Opinions of Tristram Shandy, Gentleman

**DID YOU KNOW:** Seventy percent of the lawyers in Algeria are women, while sixty percent of judges in Algeria are women.

**FUN FACT:** The highest waterfall in Great Britain: Scotland is home to the tallest waterfall in Great Britain, named Eas a' Chual Aluinn. At 658 feet, it is three times the height of Niagara Falls, just not as famous.

**FUN FACT:** The harp is the official national symbol of Ireland and not the shamrock. It is featured on the front of Irish passports. Ireland is the only country with a musical instrument as its national symbol.

**SHE SAID IT:** "If your kids are giving you a headache, follow the directions on the aspirin bottle, especially the part that says, 'keep away from children'." - Susan Savannah

**HE SAID IT**: "If evolution really works, how come mothers only have two hands?" - Milton Berle

**SHE ALSO SAID IT: '**Most women set out to try to change a man, and when they have changed him they do not like him.' - Marlene Dietrich

**HE ALSO SAID IT:** "My advice to you is get married: If you find a good wife you'll be happy; if not, you'll become a philosopher." —Socrates

# POSTCARD FROM THE UK

Hi to everyone at the club.

This week we are in North Norfolk visiting Sandringham House. With generations of history linked to the British Monarchy since 1862, Sandringham Estate remains the private country retreat of King Charles III and Queen Camilla.



The House is open for tours of specific rooms... nice to see how the gentry live!!

Carole and Glenn

# **AUSSIE DESTINATIONS – Bingara, NSW**

Historic gold mining town set in the beautiful Gwydir River Valley.



Bingara is a quiet, historic, gold and diamond-mining town set in the Gwydir River Valley. Surrounded by cypress-covered mountains it is a popular with anglers and fossickers. Gold, sapphires and tourmalines are still occasionally found in the river and local creeks. The district is known for its fine wool, beef cattle and mixed farming. The town attracts people interested in the horrific story of the Myall Creek Massacre and those interested in the history of Greek cafes and cinemas in regional New South Wales.

#### **Bush Tranquillity**

The "blue hills" of Bingara are caused by the dominant cypress pine and ironbark trees. There are magical spots hidden away in these hills with many beautiful streams, groves, cascades and waterfalls. The night sky is spectacular - starry, starry nights abound. Watch the moonrise over the Gwydir, and feel a peace that you may have forgotten existed.

#### Location

Bingara is 295 m above sea-level, 552 km north of Sydney via Scone and Tamworth is a 6hr 45min drive from Sydney, 5hr 30min from Brisbane and 1hr 40min from Glen Innes. The nearest airport is Moree where you can hire a car for the 70min drive.

#### **Origin of Name**

The district was explored in the late 1820s and the first squatter, George Hall, called his run 'Bingera' believing that it was a Kamilaroi Aboriginal word for "creek" or "shallow river crossing".

#### **Bingara Historical Society Museum**

The town's local history museum, at 16 Maitland St, is the Post Office Hotel and a number of other surrounding buildings. The Post Office Hotel is thought to be the town's first inn and certainly the oldest surviving structure in town. It was built in 1860 of pit-sawn and hand-adzed slabs of cypress on a log floor and retains its original roof of imported puddling iron. It was occupied continuously from 1860-1970 although after World War I it was a private home. As a museum it has been preserved as an historic private home.

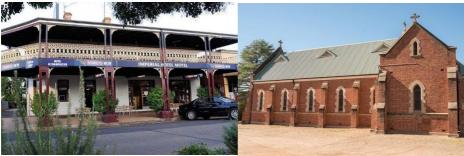
#### Bingara's Oranges and the Bingara Orange Festival

There are orange trees which line Finch Street and stretch around the Gwydir Oval. They were originally planted as a living memorial to the men from Bingara who died in World War I and II. They are harvested on one day each year by the children from the local schools. The harvest is then given to people in hospital and the old people's home. Such is the community respect for the trees that there is an annual Bingara Orange Festival.

#### **Heritage Buildings**

The brick courthouse and lock-up keeper's residence were erected in 1879. The courthouse has been restored as an excellent public library. Other heritage buildings include the Police Station and Residence (1882), the Anglican Church (1889), St Andrew's Presbyterian (now Uniting) Church (1904), St Mary's Catholic Church (1906), and the Gwydir Inn (1879) (changed to the Imperial Hotel in 1889).

#### Heritage Buildings



Most of the buildings date from the 1880s and 1890s and the obvious highlight is the redecorated Roxy Theatre, an art deco wonderland dating from 1936. The brick Court House and lock-up keeper's residence were erected in 1879. The courthouse has an interesting decorative element on the facade. Other heritage buildings include the 1882 police station and residence, the Royal Mail Booking Office (1882) - next to the ambulance station in Maitland St - the Anglican Church (1889), the Bingara Central primary school (1899), St Andrews Presbyterian (now Uniting) Church (1904) on Cunningham Street, St Mary's Catholic Church (1906) and the Imperial Hotel (built as the Gwydir prior to 1889) which has some particularly attractive lacework on the upstairs balcony.

#### The Roxy Complex



With its beautifully preserved art deco facade, the 1936 Roxy Theatre is the architectural highlight of the town. Built by three Greek immigrants from the island of Kythera- Peter Feros, Emanuel Aroney and George Psaltis - who arrived in Bingara in the 1920s, set up a cafe and, by 1936, were ready to build "a brand-new modern café that would seat 140 patrons; three independent shops facing the main street that could be leased to ensure the financial viability of the building; a guesthouse to accommodate Roxy patrons, and at its heart, a cinema that would be 'the most modern theatre outside of the city.'

There was another cinema in town and the competition was so fierce, and the debts so huge, that by September, 1936 the three partners were declared bankrupt. They had built an iconic building only to see their dreams shattered by savage competition. The Roxy Theatre continued to operate, but not with the Greeks running it, until 1958 when it closed. In 1999 the Bingara Shire Council purchased the complex and began to restore all the components. It was reopened in 2004 and today "operates as a multipurpose cinema, performing arts venue and function centre that includes a variety of conferences, seminars, weddings and private functions.

#### **All Nations Stamper Battery**



The All-Nations Gold Mine, at the southern end of town, was established around 1860 and continued to operate until 1948. It was the last gold mine in the district to close. It developed into a large underground mine, operating at four levels in two shafts (the deepest being 100 m). It is situated at the top of Hill Street. All that remains is the ten-headed stamper battery.

#### Batterham Lookout

The Batterham Lookout (259 m) is located on the outskirts of town just off the Keera Road, offers a panorama of the town and westward down the Gwydir Valley. It is a great spot to view spectacular sunsets.

#### Myall Creek Memorial and the Myall Creek Massacre

On June 10, 1838, the infamous Myall Creek Massacre took place at Myall Creek Station where eleven white men rounded up and murdered at least 28 Aboriginal men, women and children and their bodies burned at Myall Creek.

The ensuing court case marked the first time in Australian history that white men were tried for crimes against Aborigines. Seven men were hanged as a result; this being the first-time whites had been punished for such crimes.

The Myall Creek Massacre Memorial site is located 24 km north-east of Bingara via the Fossickers Way and the Delunga-Ashford Road. It was opened on June 10, 2000 and, although a very simple monument positioned on the hill above where the massacre took place, it is a powerful reminder of the early, bloody history of Australia.

The Bronze plaque at the Myall Creek Massacre and Memorial Site reads:

'In memory of the Wirrayaraay people who were murdered on the slopes of this ridge in an unprovoked but premeditated act in the late afternoon of 10 June 1838. Erected on 10 June 2000 by a group of Aboriginal and non-Aboriginal Australians in an act of reconciliation, and in acknowledgment of the truth of our shared history. We Remember them (Ngiyani winangay ganunga).'

#### **Copeton Dam**

Located 55 km east of Bingara is Copeton Dam and Copeton Waters State Park, the 900-ha recreational and adventure playground. There are camp and caravan sites, a kiosk and general store, an amenities block, cabins, fuel sales, boat hire, a six-hole golf course, tennis courts, sailing, windsurfing, power boating, water skiing, fishing (for cod, yellowbelly, silver perch, catfish and redfin), walking tracks, two adventure playgrounds, waterslides and plenty of wildlife.

#### Notable people from the town



Andrew King Cowper, MC & Two Bars (16 November 1898 – 25 June 1980) was an Australian fighter pilot and flying ace of the First World War.

John Fordham AM was born on September 16, 1944 in Bingara, was a journalist and founder of celebrity management business The Fordham Company,

Andrew Hart is an ex-St George NRL player. Adrian Robinson was a noted Sydney jockey.

**Stuart Dixon** (pictured) was a former Australian champion rodeo performer who also played grade for the Balmain Tigers.

#### History

\* On 21 May, 1827, explorer and botanist Allan Cunningham and his six colleagues, 11 horses and some dogs, crossed the Gwydir River (which he thought was the Peel) at Bingara. After camping beside the River, they continued their journey northwards camping on the banks of Reedy Creek near Warialda on the night of May 23.

\* The first squatter in the area was George Hall who established the 'Bingera' run c.1834. The name was an indigenous one said to mean 'creek' or 'shallow crossing'.

\* The town of Bingara was founded c.1840. Settlement initially occurred on both sides of the river though the northern bank was subsequently abandoned.

\* Gold was discovered in the area in 1851 with the Upper Bingera goldfields established in 1852.

\* The Bingera townsite was surveyed in 1852.

\* The town's first inn was licensed in 1853.

\* The first store in the settlement was established in 1854.

\* Upper Bingera developed more rapidly and had a population of 1,905 by 1861. At that time Bingera had only 90 residents.

\* Bingera received its first post office, lock-up and public school in 1862.

\* The All-Nations Gold Mine was established at the southern end of Bingera in 1868. It operated intermittently until 1907.

- \* The settlement prospered when diamonds were found 15 km west of Bingera in 1872.
- \* In 1882 the Roman Catholic parish of Bingara was established. It extended from the Queensland border to Barraba.

\* By 1884 the Bingara diamond mine was producing 198 carats a month.

\* By the 1890s the Bingera diamond field was Australia's largest. It operated between 1872 and 1909. The huge Star of the South (37 000 carats) was found on the field.

\* The population of Bingera had reached 738 by 1891.

\* The town's first Catholic Church was built in 1872 and the first Anglican Church in 1875.

\* A flour mill and sawmill were established in 1881.

\* A bridge across the Gwydir River was built in 1884-86.

\* Bingara became a municipality in 1889. The spelling changed from 'Bingera' to 'Bingara' to avoid confusion with Bingera in Queensland.

\* The town's population peaked at over 1600 in 1911.

\* Today the Bingara diamond mine is the third most successful in the country after the Argyle mine in Western Australia and the mine at Copeton near Inverell.



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### **JOKE**(s) **OF THE** WEEK. Young Johnny was sitting on a park seat eating Mars

bars. A man sitting opposite watched him finish off six of them. The man said, "Eating that many Mars bars is bad for you." Johnny replied, "My Grandad lived to be one hundred and five." "Did he eat lots of Mars bars at once?" asked the man. "No," said Johnny " he minded his own bloody business."



Fensom, a dubious lawyer, bribed a man on his client's jury to hold out for a charge of manslaughter, as opposed to the charge of murder which was brought by the state. The jury was out for several days before they returned with the manslaughter verdict. When Fensom paid the corrupt juror, he asked him if he had a very difficult time convincing the other jurors to see things his way.

"I sure did," the juror replied, "the other eleven wanted to acquit."

#### Riddle: A bat



Mabel. Do you know red wine has amazing anti-aging benefits?

Yes Doris. If you drink enough of it, you don't give a damn how old you are!

## TICKLES CORNER



Spike, my mum says carrots are good for your eyesight. How does she know?

Jangles, probably because she has never seen a rabbit wearing glasses!



"Listen humans! In real life, I assure you, there is no such thing as algebra."

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# S of O: NSW v QLD



One of the greatest rivalries in Australian Sport is coming!

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#### **OLDER AUSTRALIANS ENCOURAGED TO ROLL BACK THE CLOCK**

Lane Cove Bowling and Recreation Club is taking a step towards curbing low physical activity rates among older Australians by encouraging them to "roll back the clock" through lawn bowls.

Roll Back the Clock is a Bowls Australia initiative, in partnership with Sport Australia, that aims to boost physical activity rates among Australians aged 65 and over through bowls, light exercise and education.



Presently, as little as 25-percent of Australians over-65 meet the Department of Health's physical activity guidelines of 30 minutes of activity per day.

Health-related reasons, including physical and mental health, are the main barriers for older Australians participating in sport or physical activities and bowls is seen as a low-impact, socially-inclusive activity that can be enjoyed by individuals of all ages.

Roll Back The Clock programs incorporate a two-part activity lasting 30 minutes each, targeting both the body and mind through bowls, functional training, fitness and wellness education, and socialisation.

Sessions are adapted for individuals, with benefits ranging from enabling participants to perform activities of daily life more easily, to withstanding injuries and providing a sense of accomplishment and achievement.

In addition to the physical health benefits, engaging in physical activity and group sports for older Australians provides increasingly important opportunities for socialisation, peer-support, and conversation that reduces the possibility for loneliness related physical and mental **illnesses.** 

Roll Back The Clock will be staged regularly at Lane Cove Bowling and Recreation Club, over 8 weeks, commencing Tuesday 2<sup>nd</sup> May 2023.

() The program will run from 2:00pm – 3:00pm on Tuesdays and combines exercise, wellness education, socialisation and little bit of bowls.

Registration Option 1, 2 x session (\$13 per session) = \$26 Registration Option 2, 4 x sessions (\$12 per session) = \$48 Registration Option 3, 6 x sessions (\$11 per session) = \$66 Registration Option 4, 8 x sessions (\$10 per session) = \$80

For further information please Telephone 9420 5793 or Bowls Australia website.

# "COME OUT OF YOUR SHELL"

### **EVERYBODY WELCOME**

#### **Make new friends**

at our community club

## **ENJOY FUN DAY ACTIVITIES**

#### LANE COVE BOWLING & <u>RECREATION</u> CLUB

151 Burns Bay Road, Lane Cove

EVERY TUESDAY Anytime between 10am to 4pm

To Register : call Marilyn 0411 105 909









COST Club Social Membership \$10.00 pa











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# **Hummerston's Gourmet Meats**





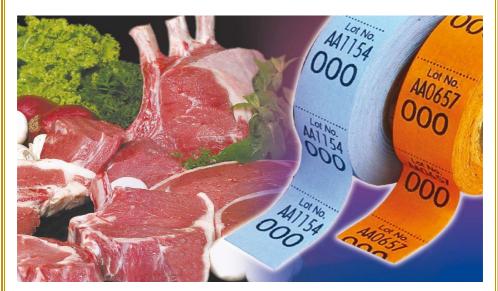
# WHERE THE *locals* MATTER



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# **RAFFLES EVERY FRIDAY**

Tickets @ \$2 each on sale from 5.30 p.m. Draw starts at 6.30 p.m.



### **MEAT AND WINE**

BOTTLES OF WINE

IGA QUALITY MEAT TRAYS

POSEIDON'S CATCH SEAFOOD VOUCHERS ZAPPARELLI'S PIZZA VOUCHERS

PLUS

BONUS DRAW FOR

**GOURMET MEAT TRAY** 

BONUS - 1 draw for all tickets purchased in that night's raffle -the winner gets the gourmet meat tray.

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