

NEWS BOWL

The Newsletter of the Lane Cove Bowling and Recreation Club 151 Burns Bay Road Lane Cove West 2066
Telephone: 94205793 Email: info@lanecovebowls.com.au Website: www.lanecovebowls.com.au

EDITION 351 – TUESDAY, 10 JANUARY 2023 INDOMITABLE HARRY FOX HOME AFTER HOSPITAL SOJOURN



Harry prepares for his trip home guided by honorary nurse Bob and under the care of Sister Satna. Carriage driver was Brian.

LANE COVE GEAR UP FOR FIRST PENNANT TRIAL

At last Saturday's meeting of members, It was decided to field two teams in this years Open Gender Pennant Competition.

There was a hearty response in having a team promoted to Grade 5 as well as having a very competitive Grade 6 team.

For their trial against Denistone on 28 January 2023, selected players are to be at the club by 12 noon, are to wear Club uniform and have the latest green and yellow stickers of their bowls.

Lane Cove Grade 5 teams to play Denistone on 28 January at Lane Cove are:

Team	Lead	Second	Third	Skip
1	R Johnston	P Zucconi	Kev Mulhall	J Lloyd
2	C Sinclair	A Gordon	P Wade	S Bonthrone
3	Kay Mulhall	S Smith	M Knight	S Hobson

Reserves: David Madson & Robert Patterson

Lane Cove Grade 6 teams to play Denistone on 28 January at Lane Cove are:

Team	Lead	Second	Third	Skip
1	D Erskine	M Cosby	R Moran	S Creedy
2	S Kinsman	B Paxton	G Boardman	R Campbell
3	D Van Niekerk	V Solway	G Scott	G Moon

Reserves: Carole Boardman & Jenny Moran

MAJOR SINGLES ROLLS OFF WITH A GREAT MATCH

Sarah Hobson and **Greg Scott** started the 2023 Major Singles competition (under the new 25 up rule), on a new green, with a great match last Sunday.

For the first 25 ends there was nothing in the match with Greg leading 18:14 before Greg pulled away with some great draw bowling to wrap up the match 25:16.

Statistics:

Player	Greg Scott	Sarah Hobson
Points	27	16
Ends	17	14
1 point end	10	12
2-point end	4	2
3-point end	3	-

Tek Doctor

Is your PC or Mac sick?
 Is your Internet/WiFi not working or slow?
 Are you not sure how to use your iPad or iPhone?
 Whatever the issue, we can help with Set-up,
 Problems or Training
 Check out what we do and contact us for a no-
 obligation free quote at your Home or place of
 Business.



WE CAN HELP! P: 0452 376100

BOWLING RESULTS

Wednesday 04 January 2023

Social

Maureen Cosby, Ole Hostrup & Simon Creedy 12 drew with David Lloyd, Greg Scott & Kevin Mulhall 12;

Howard Lee, Deon Van Niekerk & Rex Johnston 16 defeated Simon Kinsman, Andrew Gordon & Sarah Hobson 8;

Maureen Terrey, David Madson & Peter Edwards 23 defeated David Erskine, John Bowring & Bevan Piper 11; and

Simon McDonald, Brian Paxton & Marko Popovic 18 defeated Jeanette Lloyd, Brian Paxton & Vic Solway 13.

Saturday 07 January 2023

Social

Bowls abandoned due to inclement weather conditions.

Sunday 08 January 2023

Major Singles – 1st Round

Greg Scott 27 defeated Sarah Hobson 16

BOWLING PROGRAMME (Critical Dates)

Date	Event
To be advised	Mixed Pairs Final
11 January	Zone 9 Reserve Fours – entries close
14 January	Mixed Pairs – Semi-final
15 January	Major Singles – 1 st round
22 January	Minor Singles – 1 st round
26 January	Australia Day Gala Bowls
29 January	Major Singles – 2 nd round completed
4-5 February	State Rookie Singles (Rohan Marshall at Raymond Terrace)
05 February	Minor Singles – 2 nd round completed

MEMBERS! - YOUR CLUB NEEDS YOUR HELP

The Club needs eight (8) participants to get the Bowls Australia Roll Back The Clock initiative under way on 7th February 2023.

The programme is a great community event supported by Lane Cove Council.

This is a wonderful program tailored for over 65s.

If you have family, friends or neighbours see if they wish to participate – great value at \$80 for eight (8) weeks.

ROLL BACK THE CLOCK – NSW PROGRAMS.

<u>Location</u>	<u>Format</u>	<u>Days/times</u>	<u>Start date</u>	<u>Registration link</u>
<u>Leeton Soldiers Club</u>	<u>Weekly</u>	<u>Tuesday @ 11am</u>	<u>February 07</u>	https://bit.ly/3dmjyyu
<u>Lane Cove Bowling Club</u>	<u>Weekly</u>	<u>Tuesday @ 12pm</u>	<u>February 07</u>	https://bit.ly/3Sbkkgm
<u>Avalon Bowlo</u>	<u>Weekly</u>	<u>Friday @ 11.30am</u>	<u>February 07</u>	https://bit.ly/3LsoPkG
<u>Killara Bowling Club</u>	<u>Twice weekly</u>	<u>Tuesday & Friday @ 10.30am</u>	<u>February 07</u>	https://bit.ly/3qKilUG
<u>Edgeworth Bowling Club</u>	<u>Weekly</u>	<u>Friday @ 1.30pm</u>	<u>February 07</u>	https://bit.ly/3DA8Hel

Enquiries:

For any more information about the program, please contact:
rollbacktheclock@bowls.com.au

This program is proudly supported by Sport Australia's Better Ageing Grant Program.

OLDER AUSTRALIANS ENCOURAGED TO ROLL BACK THE CLOCK

Lane Cove Bowling and Recreation Club is taking a step towards curbing low physical activity rates among older Australians by encouraging them to "roll back the clock" through lawn bowls.

Roll Back the Clock is a Bowls Australia initiative, in partnership with Sport Australia, that aims to boost physical activity rates among Australians aged 65 and over through bowls, light exercise and education.

Presently, as little as 25-percent of Australians over-65 meet the Department of Health's physical activity guidelines of 30 minutes of activity per day.

Health-related reasons, including physical and mental health, are the main barriers for older Australians participating in sport or physical activities and bowls is seen as a low-impact, socially-inclusive activity that can be enjoyed by individuals of all ages.

Roll Back The Clock programs incorporate a two-part activity lasting 30 minutes each, targeting both the body and mind through bowls, functional training, fitness and wellness education, and socialisation.

Sessions are adapted for individuals, with benefits ranging from enabling participants to perform activities of daily life more easily, to withstanding injuries and providing a sense of accomplishment and achievement.

In addition to the physical health benefits, engaging in physical activity and group sports for older Australians provides increasingly important opportunities for socialisation, peer-support, and conversation that reduces the possibility for loneliness related physical and mental illnesses.



Roll Back The Clock will be staged regularly at **Lane Cove Bowling and Recreation Club**, over 8 weeks, commencing 7 February 2023.

🕒 The program will run from 12:00pm – 1:00pm on Tuesdays and combines exercise, wellness education, socialisation and little bit of bowls.

For further information please Telephone 9420 5793

BIRTHDAYS: You know, they say that age is all in your mind. The key is to prevent it from trickling down into your body.



Julie Smiles celebrates her birthday on Tuesday 17th and *You're Breaking My Heart* by Ink Spots was No. 1 on the charts at her birth.

Maureen Terrey also celebrates on the 17th and top of the charts when she greeted the world was *I Taut I Taw a Puddy Tat* by Mel Blanc

ON TELEVISION



Horse Racing – Cowra Cup

The Bowls Show – 7TWO

Tennis – Kooyong Classic



1. Henry VIII was declared king of which country beyond England?
2. In which modern day country was Handel born?
3. During which year of the 1980s was it first possible to spend a \$1 coin?
4. Which meat will you find in a Chiko Roll?
5. At 5.6 on the Richter scale, the Newcastle earthquake, which sadly took 13 lives, struck in on December 28 in which year?

Answers: 1 Ireland. 2 Germany. 3 1984, May 14 to be exact!. 4 Beef, the Chiko Roll which originated in Victoria in the 1950s, contains beef . 5 1989, At 10:27am, a 5.96 earthquake hit just 15km from the centre of Newcastle .



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Riddle: What is the end of everything? (Answer page 14)

DESTINATIONS – Rockley, NSW

Quiet historic town south of Bathurst.



Rockley is a beautifully preserved town full of late nineteenth century buildings and is one of those remarkable villages where, because it is away from the main road, time has stood still. It has a delightful park beside Pepper's Creek; a beautiful old red brick mill; a pub and a few houses. It is as though nothing has changed and, as such, it has an admirable ambience of peace and serenity. Not surprisingly it has been listed by the National Trust as an Historic Village.

Location

Rockley is located 232 km west of Sydney via the Great Western Highway across the Blue Mountains to Bathurst. It is 35 km due south of Bathurst on the Rockley Road.

Origin of Name

On 21 February, 1829 Governor Darling granted 1,920 acres (777 ha) in the area to Captain Watson Augustus Steel who named his property 'Rockley' after his birthplace in Wiltshire, England.

Population 178 (2016 census)

Elevation 854 m (2,802 ft)

In Search of Bushrangers

Rockley has an interesting connection with Ben Hall's bushranger gang. On 24 October 1863 Hall and his gang arrived at the home of Harry Keightley at Dunn's Plain near Rockley. Keightley had little time for bushrangers and a fierce battle broke out in which one of Hall's comrades, Mickey Burke, was killed. Unfortunately, Keightley ran out of ammunition and was captured by Hall who forced Keightley's wife to ride to Bathurst and claim the £500 reward for killing Burke.

St Patrick's Roman Catholic Church (1870) and St Peter's Anglican Church (1867)

Both these buildings were designed by M. E. (Edward) Gell, a prominent local architect who designed a number of important buildings in Bathurst including the gates of Bathurst Gaol. Gell's design for St Patrick's is typically High Victorian Gothic. It uses local rubblestone and a slate roof to great effect and is a fine example of this style of church. For St Peter's Gell used decorative brickwork and combined it with an iron roof and a slate steeple.



Abercrombie Shire Council Building

Many people believe that Ben Chifley, the humble railway engine driver from Bathurst, was the last "man of the people" Prime Minister Australia ever had. Certainly, he was a tireless worker for the public good. For three years, from 1937-1940, he drove across from Bathurst once a fortnight to preside over the Abercrombie Shire Council as its president. The Shire Council building still stands - a handsome reminder to a man whose only desire was to serve his constituents - on the hill in Hill Street.

Rockley Mill and Stables Museum

The Rockley Mill in Budden Street is a striking building. Built out of warm, red brick in 1864 it dominates the town's streetscape standing on the rise across the road from Pepper's Creek. The Mill was built in 1864. It is a typical small-town museum with displays of historic mill machinery, historic clothing, old police records for the district and old newspapers.

Exploring the Town

There is the local Post Office which was built in 1879 although it did not open for six months after its completion because the furniture and fittings were not transported from Bathurst where they had sat on the railway station. Other buildings of interest include the Club House Hotel (1872), the former Butcher's, Baker's and Saddlery (1871) which is now used as a tea room, the former Bank of New South Wales (1878) which was once held up by the bushranger Ben Hall, the Methodist Church (1859), the School of Arts (1890) and the Police station.

Of particular interest is the former Abercrombie Shire Chambers (1912) which are now a private home. The much-loved Australian Prime Minister, Ben Chifley, was president of the Abercrombie Shire Council from 1937-40 and regularly travelled from his home in Bathurst to attend the council's fortnightly meetings.

Picnics By the River

The parklands near the weir on Peppers Creek are beautiful and shady. Rare for an Australian country town, they are very similar to an English village green. There are a number of barbecues available and the pools in the creek are safe for swimming. If you want a day in the country this is an ideal place to have a picnic.



Stephens Park



The park has an extensive range of exotic deciduous trees, a BBQ area, playground, war memorial, a creek that has been dammed by a weir & a small parking area. There is a micro cache hidden in the park & the owner eloquently sums up the park in the description: "The park near the weir on Peppers Creek has a delightful English village green ambience. It is idyllic and practical having grassy area, shade trees as well as

barbecues and the pools in the creek are safe for swimming. The park near the weir on Peppers Creek has a delightful English village green ambience. It is idyllic and practical having grassy area, shade trees as well as barbecues and the pools in the creek.



The renowned chef, Matt Moran, who has family ties to Rockley reopened the Rockley Pub.

History

- * Prior to European settlement Rockley was part of the vast lands of the Wiradjuri people who spread from Nyngan to Albury and Bathurst to Hay.
- * The first European into the Rockley district was Surveyor George Evans who crossed the Blue Mountains in 1813.
- * By 1818 land was granted to William Lawson - one of the trio, along with William Charles Wentworth and Charles Blaxland, who crossed the Blue Mountains in 1813.
- * The townsite was held as a stock reserve until the 21 February, 1829 when Governor Darling granted it as part of a parcel of 1,920 acres, to Captain Watson Augustus Steel who named it 'Rockley'.
- * Copper was found south of the town and the Summer Hill Copper Mine was opened in 1848. It had closed by the end of the 19th century.
- * The town of Rockley was officially gazetted in 1851.
- * The discovery of gold in the area in the late 1840s drew prospectors and by the 1860s the town had a population of around 3,000 people. This prosperity is reflected in the churches and public buildings.
- * On 24 October 1863 the bushranger Ben Hall and his gang arrived at the home of Harry Keightley at Dunn's Plain near Rockley. Keightley did not surrender and in the gun battle that followed one of Hall's gang members, Mickey Burke, was killed. Keightley was captured by Hall who forced Keightley's wife to ride to Bathurst and claim the £500 reward for killing Burke.
- * Around the turn of the century the copper mine closed and the population of the town declined. The result is near-perfect preservation which has resulted in the whole village being listed by the National Trust.



WORD OF THE WEEK: ANATIDAEPHOBIA: Fear that, somewhere, a duck or goose may be watching you.

IDIOM OF THE WEEK: Actions speak louder than words: People’s intentions can be judged better by what they do than what they say.

QUOTE OF THE WEEK: ‘If one will not, two cannot quarrel.’ – Thomas Fuller

PRINCIPLE OF THE WEEK: Integrity – Acting according to a sense of right and wrong (being strong enough to do what you know is right even when it is difficult)

WICKED WORDS: “As a general rule, people, even the wicked, are much more naïve and simple-hearted than we suppose. And we ourselves are, too.” - Brothers Karamazov by Fyodor Dostoevsky

ANOTHER VIEW: Existentialism: “Life doesn’t seem to be inherently coherent, meaningful, or particularly conducive to happiness, but we can work to create order, meaning, and happiness anyway.”

A NOVEL NOTE: “Don’t’ ever think I fell for you, or fell over you. I didn’t fall in love, I rose in it.” Jazz by Toni Morrison

DID YOU KNOW: Scottish people make a big deal of Robbie Burns’ birthday on 25th January with a full meal of haggis, neeps and tatties. Die hards will also dress up in full kiltage and enjoy readings from some of his work.

FUN FACT: In Iceland, a person is called by their first name in both formal and informal situations, or sometimes addressed using both names. As family names generally don't exist, the last name (son and daughter of) is never used on its own. Sometimes, Icelanders adopt a middle name for clarification.

SHE SAID IT: 'I disapprove of what you say, but I will defend to the death your right to say it' — Voltaire’s biographer, 20th century historian Evelyn Beatrice Hall

HE SAID IT: “Happiness is having a large, caring, close-knit family in another city.” — George Burns

SHE ALSO SAID IT: "Listen, everyone is entitled to my opinion." - Madonna

HE ALSO SAID IT: “Never keep up with the Joneses. Drag them down to your level. It’s cheaper.” —Quentin Crisp

BEST LINE
1950

SUNSET BOULEVARD

S
1950



An aging silent film queen refuses to accept that her stardom has ended. She hires a young screenwriter to help set up her movie comeback. The screenwriter believes he can manipulate her, but he soon finds out he is wrong. The screenwriters ambivalence about their relationship and her unwillingness to let go leads to a situation of violence, madness, and death.

Joe Gillis : Wait a minute, haven't I seen you before? I know your face.

Norma Desmond : Get out! Or shall I call my servant?

Joe Gillis : You're Norma Desmond. You used to be in silent pictures. You used to be big.

Norma Desmond : I *am* big. It's the *pictures* that got small.

Director: Billy Wilder * Writers: Charles Brackett Billy Wilder D.M. Marshman Jr. *
 Stars: William Holden (Joe Gillis) Gloria Swanson (Norma Desmond)Erich von Stroheim (Max von Mayerling)



JOKE OF THE WEEK. Teacher: "If I gave you 2 cats and another 2 cats and another 2, how many would you have?"

Johnny: "Seven."

Teacher: "No, listen carefully... If I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven."

Teacher: "Let me put it to you differently. If I gave you two apples, and another two apples and another two, how many would you have?"

Johnny: "Six."

Teacher: "Good. Now if I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven!"

Teacher: "Johnny, where in the heck do you get seven from?!"

Johnny: "Because I've already got a cat!"



Mabel. I've an app that tells you what the hell you came in the room for!

Wow Doris, is there an app that tells you the room where you left your bottle of wine?

Riddle: The letter 'g'

TICKLES CORNER



Jangles. If laughter is the best medicine,
your face must be curing the world.

And Spike. Your face makes
onions cry.

Billy



People. Now listen to me! You are proof that evolution can go in reverse.

RAFFLES EVERY FRIDAY

Tickets @ \$2 each on sale from 5.30 p.m.

Draw starts at 6.30 p.m.



MEAT AND WINE

BOTTLES OF WINE

IGA QUALITY MEAT TRAYS

POSEIDON'S CATCH SEAFOOD VOUCHERS

ZAPPARELLI'S PIZZA VOUCHERS

PLUS

BONUS DRAW FOR

GOURMET MEAT TRAY

BONUS - 1 draw for all tickets purchased in that night's raffle –the winner gets the gourmet meat tray.