

NEWS BOWL

The Newsletter of the Lane Cove Bowling and Recreation Club 151 Burns Bay Road Lane Cove West 2066
Telephone: 94205793 Email: info@lanecovebowls.com.au Website: www.lanecovebowls.com.au

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BEST EVER EFFORT BY A LANE COVE TEAM – RUNNERS UP IN STATE PAIRS

The long game of Bowls NSW championships, featuring Lane Cove's **Scott Bonthrone** and **John Lloyd**, kicked off last Wednesday and continued into the finals on Thursday 27th. The four bowl pairs format can be a marathon. Concentration is paramount and focused bowls win out the day.

Two days of this kind of play and it should have been enough to break anyone's concentration but the final games in the series turned out to be the best of them all, with quality play dispersed throughout the five matches. There were two standouts at the end of sectional play, Stephen Sanders & John Kinsella (Fingal Bay) and Allan Low & Dale Jeffery (Stuarts Point). Both teams winning three games and a score differential of over forty shots.

Michael Catling & Antonio Turcato (South Lismore) and **Scott Bonthrone & John Lloyd** (Lane Cove) came through with two wins and margin. A great performance for a city team and a country team who were excited to even attend. It may have been this positive attitude that helped them secure a spot in the semi-finals.

The semi-final matches were incredibly symmetrical. Both winning teams scored 17 shots over their opposition who scored 13. Allan Low & Dale Jeffery (Stuarts Point) and **Scott Bonthrone & John Lloyd** (Lane Cove) both having wins and a chance at a State Championship.

The final was a low scoring, close affair as these important matches often are. Neither team gave in and the final score showed a margin that belies the closeness of the game. The Stuarts Point team 19 shots won a great game over the gallant Lane Cove team 10 shots and a very worthy championship.

Congratulations to John Lloyd and Scott Bonthrone. A magnificent achievement!

2022/2023 State Open Reserve Pairs

FIGTREE SPORTS – CHAMPIONSHIP FINAL

Allan Low & Dale Jeffery (Stuarts Point) 19 shots

DEFEATED

Scott Bonthrone & John Lloyd (Lane Cove) 10 shots

SECTION 1 | SEMI-FINALS

Scott Bonthrone & John Lloyd (Lane Cove) 17 shots

DEFEATED

Stephen Sanders, John Kinsella (Fingal Bay) 13 shots

SECTION 3 | ROUND 3

Bernie Rooke & Allan Trevithick (Gymea) 19 shots

DEFEATED BY

Scott Bonthrone & John Lloyd (Lane Cove) 26 shots

SECTION 3 | ROUND 2

Bradley Clark & Shane Allard (Cabra Vale Diggers) 21 shots

DEFEATED

Scott Bonthrone & John Lloyd (Lane Cove) 18 shots

SECTION 3 | ROUND 1

Sunil Kumar & Virend Prasad (Austral) 15 shots

DEFEATED BY

Scott Bonthrone & John Lloyd (Lane Cove) 29 shots



MAJOR SINGLES WRAP

The Major Singles are in full swing with three matches played over the last week.

The first match last Wednesday saw **Bob Patterson** 25 triumph over **Brian Paxton** 16. No details of this match are on hand at the time of publication.

Bob now goes on to play John Lloyd in the 2nd round.

On paper this looked to be the most intriguing match of the round with **John Burke** (only recently receiving his local bowling licence) up against last year’s championship runner up **Chris Sinclair**.

John bounded away from a nonplussed Chris to lead 20 shots to 8 shots after 20 ends and it was shut the gate from thereon with John winning by a margin of 17 shots.

John will play Deon Van Niekert in the 3rd Quarter final.

Statistics:

Player	John Burke	Chris Sinclair
Points	25	8
Ends	18	7
1 point end	9	6
2-point end	5	1
3-point end	2	-

On an adjacent rink another absorbing match was in train with reigning champion **John Lloyd**, fresh from his State championships, up against **Sarah Hobson**.

In what looked like being early drinks with John leading 14 shots to Sarah’s 4 shots after 11 ends Sarah ramped up the play and ‘believe it or not’ levelled the scores at 14 apiece after 17 ends of play.

This magnificent effort by Sarah may have taken its toll as John won 8 of the last 9 ends to win 25 shots to Sarah’s 16 shots.

Statistics:

Player	John Lloyd	Sarah Hobson
Points	25	16
Ends	14	11
1 point end	5	8
2-point end	7	1
3-point end	2	2

MINOR SINGLES WRAP

In a 1st round clash **David Madson** proceeds to the next round after a victory against **Steve Brouggy** last Monday.

David will play John Bowring in the 2nd round.

Statistics:

Player	David Madson	Steve Brouggy
Points	25	2
Ends	13	1
1 point end	7	-
2-point end	2	1
3-point end	2	-
4-point end	2	-

Jeanette Lloyd's winning run came to an end at the hands of **Andrew Gordon** in their 2nd round match last Monday.

Andrew will play John Burke in the quarter finals.

Statistics:

Player	Andrew Gordon	Jeanette Lloyd
Points	25	8
Ends	11	6
1 point end	3	4
2-point end	2	2
3-point end	6	-

Fighting foes **Vic Solway** and **Ole Hostrup** rolled bowls on Sunday to see who would go into the quarter finals. Confidence up Vic came out of self imposed retirement from singles play after many years absent.

At the half-way mark Vic was searching for the Cascade Light as he set up an imposing lead of 15 shots to Ole's 2 shots. Ole remembering the old Danish proverb - "No one gets into trouble without their own help"- steamrolled his way to an unlikely lead winning 10 of the next 11 ends to lead 18 shots to Vic's 16 shots after 23 ends.

"Shout praise and whisper criticism." – Don Meyer

MINOR SINGLES WRAP (cont.)

Undaunted Vic kept on keeping on to win 5 of the last 8 ends to win a great contest by the small margin of 3 shots – 25 shots to Ole’s 22 shots.

Statistics:

Player	Vic Solway	Ole Hostrup
Points	25	22
Ends	17	15
1 point end	11	9
2-point end	4	5
3-point end	2	1

On Saturday **John Burke** was in superb form as he overcame **Stephen Shortis** to win their match 25 shots to 11 shots. No details of this match are on hand at the time of publication.

On Sunday last, **David Madson** after his first round victory earlier in the week faced off against **John Bowring** in the 2nd round.

After 9 ends there was not a lot in the match with John leading 7 shots to David’s 5 shots, however, John was bowling with confidence managing 2 multiples on the 5 ends he won to David’s single 2 shots on end 1.

John then put the afterburners on winning 8 of the last 12 ends for 16 shots to David’s 4 ends and 5 shots.

John will play the winner of the Brian Paxton and Mark Burrough match in the 2nd quarter final.

Statistics:

Player	John Bowring	David Madson
Points	25	10
Ends	13	8
1 point end	5	6
2-point end	4	2
3-point end	4	-

“You have to believe in the long-term plan you have but you need the short-term goals to motivate and inspire you.” – Roger Federer

LANE COVE'S ENTRIES FOR UPCOMING STATE EVENTS

By Malcolm Knight

Below are the Club bowlers who have nominated for the various State Events:

Rookie Singles (entry fee already paid by Entrant). To be played on 9 and 10 October 2023 (note change of date).

Deon Van Niekerk
Matt Lake

Rookie Pairs (entry fee already paid by Entrant). To be played on 14 and 15 October 2023 (note change of date).

Simon Kinsman and Peter Zucconi
Deon Van Niekerk and Matt Lake

Senior Singles (entry to be invoiced to club and paid by member when received). To be played 12 and 13 August 2023

Greg Scott
Kevin Mulhall

Reserve Singles (entry to be invoiced to club and paid by member when received). To be played 12 and 13 August 2023

Simon Kinsman
Sarah Hobson
Scott Bonthrone
Kay Mulhall
Deon Van Niekerk
Chris Sinclair

Note Presentation Night after Bowls on Saturday 12 August 2023 at 5.00pm now clashes with State Singles.

“You can observe a lot just by watching.” – Yogi Berra

LIGHT HORSE BOWLS CARNIVAL – BINGARA NSW

28th and 29th October 2023

Entry fee \$90 team of 3

Bookings are now being taken

Contact either Brian Paxton or Greg Scott with
your entry and pay \$100 non-refundable
deposit to confirm your accommodation, unless
you plan to book on your own.



PRESENTATION EVENING

Saturday 12th August 2023

5.00 PM (after bowls)

BOWLING PROGRAMME (Critical Dates)

Date	Event
02 August	State Rookies Singles – entries close
06 August	Minor Singles – Semi-finals
12 August	Presentation Evening – 5.00pm after bowls
13 August	Major Singles – Semi-finals
11 September	State Rookies Pairs – entries close
03 October	City Tattersalls Day



GREETINGS FROM OPATIJA CROATIA

REGARDS TO ALL AND KEEPING SAFE.

MAURA AND ROGER PIKE.

BOWLING RESULTS

Monday 24 July 2023

Minor Singles 1st round

David Madson 25 defeated Steve Brouggy 2

Andrew Gordon 25 defeated Jeanette Lloyd 8

Wednesday 26 July 2023

Minor Singles

Matt Lake 25 defeated Maureen Cosby 11

Major Singles

Bob Patterson 25 defeated Brian Paxton 16

Social

J Lowe, Pat Singleton & Chris Albert 29 defeated Ted Collins, Andrew Gordon/Judy Carroll & Vic Solway 17;

Ray Moran, Ole Hostrup & David Madson 26 defeated John Bowring, Stephen Shortis & Stuart Smith 17; and

Jenny Moran, Mal Knight & Rex Johnston 27 defeated David Erskine, John Jobson & Greg Moon 15

Saturday 29 July 2023

Minor Singles

John Burke 25 defeated Stephen Shortis 11

Social

Simon Kinsman & Phil Wade 29 defeated Deon Van Niekerk & Mal Knight 16;

Ray Moran, Graham Screen & Rex Johnston 27 defeated Lena Manu, Marilyn Screen & Kevin Mulhall 9;

Judy Carroll, John Bowring & Chris Albert 23 defeated Pat Biddell, Kay Mulhall & Greg Scott 16;

Susan Walder, Jenny Moran & Bob Patterson 40 defeated Kathy Heezen, Bevan Piper & Marko Popovic 8; and

Brian Paxton, Andrew Gordon & Peter Zucconi 24 defeated David Erskine, Sarah Hobson & Simon Creedy 10.

Sunday 30 July 2023

Major Singles

John Burke 25 defeated Chris Sinclair 8

John Lloyd 25 defeated Sarah Hobson 16

Minor Singles –

Vic Solway 25 defeated Ole Hostrup 22

John Bowring 25 defeated David Madson 10

To book your game telephone 4607 3732 between 10.00am and 11.00am on Wednesdays and Saturday

NOMINATIONS ARE NOW OPEN FOR BOARD OF DIRECTORS

Being a member of the Board of your Club can be a very rewarding experience, however, it does come with a duty of care.

Board members have serious legal duties that must be fulfilled. It makes no difference whether a Board member is paid for the role or are a volunteer, the law will chase them if they fail to fulfill the duties that are owed to the members of the Club.

In summary the duties of a Board member are:

Act in good faith and honestly at all times.

Not gain any benefit from being on the Board or a Committee.

Avoid or declare any conflict of interest they have with any decisions they will make on the Board at any time. There is to be no personal benefit to them.

Keep all Board information confidential (even with members) and not use any such information for their personal benefit.

Act with an appropriate level of care and diligence in their role on the Club Board. Ignorance is no defence in law.

These are serious duties with penalties for those who do not meet them, so it is recommended that those members wishing to nominate for the Board work out what they don't know and then find out. Board members are required to attend all Board meetings (except to certain circumstances), read all the Board papers, ask questions about the reports they get, and make decisions in the best interests of the Club.

It is great when individuals offer their time to be on the Club Board and are elected by the members, but members (and the law) will expect them to a job well, and act for members and not themselves at all times.

The ClubsNSW Mandatory Director Training program provides the information directors need to fulfil corporate governance training compliance. All directors need to complete two core training modules within 12 months of being elected to a Board to learn about the complex role and responsibilities of a director, as well as important aspects of good corporate governance.

Governing a Club, or any Not-for-profit is a big responsibility, and it cannot be done by well-meaning volunteers who do not understand their role.

Nominations close on Sunday 3rd September 2023. Forms are provided over the bar on request.

THE LANE COVE BOWLO

THE PLACE TO BE ON FRIDAY FOR RAFFLE RAP

16 PRIZES MINIMUM – draw at 6.30pm

Meat trays, wine, gift cards, seafood vouchers and much more



Some of last week's lucky winners Jo, Curtis and Catena

*Members
Badge
Draw*



Wednesdays & Saturdays
Drawn after the Raffle 4.30pm to 5pm. Jackpot rolls over to the next draw if winning member is not present at the club

BIRTHDAYS: Birthdays are just like golf—if you don't keep count it's a lot more fun.



John Burke celebrates his milestone 60th birthday on Wednesday 2nd. On his birth the top song on the charts was *So Much in Love* by The Tymes

Peter Zucconi racks up another birthday on Saturday 5th. *Poor Little Fool* sung by Ricky Nelson serenaded him into the world.

Margaret Stacker celebrates another birthday on Sunday 6th. Benny Goodman singing *These Foolish Things Remind Me of You* was top song on the charts at the time of Margaret's birth.

ON TELEVISION



Horse Racing – Missile Stakes

AFL – GWS Giants vs Sydney Swans

Rugby League – Panthers vs Storm

FIFA Woman's World Cup Round of 16



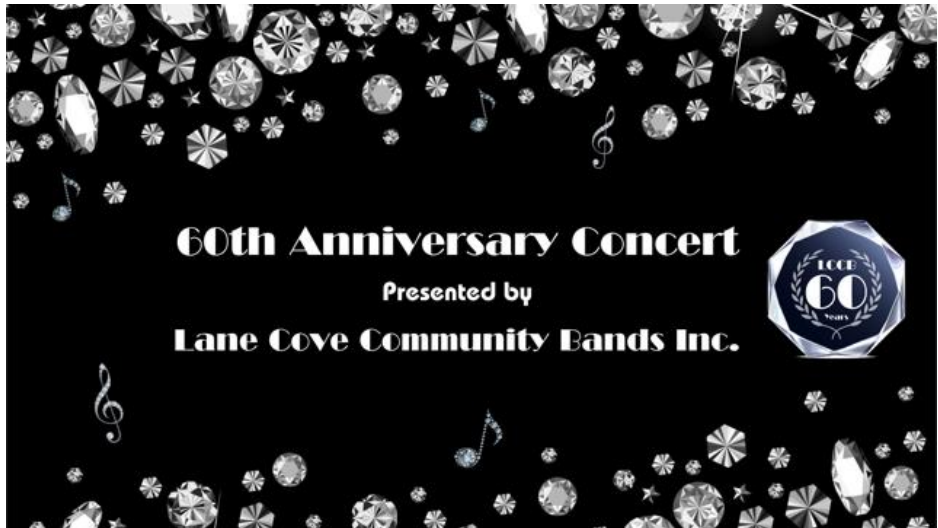
- 1 Who wrote the Da Vinci Code?
2. What are the 5 elements in the periodic table that have 4 letters?
- 3 A failed bank robbery in Sweden in 1973 led to the name of what psychological condition?
- 4.Name the eight countries that end in Y and the 1 that starts in Y?
- 5 What does the Scoville scale measure?

Answers:1 Dan Brown. 2 Lead, gold, zinc, neon and iron. 3 Stockholm Syndrome. 4 Germany, Hungary, Italy, Norway, Paraquay, Turkey, Uruguay, Vatican City and Yeman. 5 Spice level of peppers.

Riddle: George, Helen, and Steve are drinking coffee. Bert, Karen, and Dave are drinking Pepsi. Following this pattern, is Elizabeth drinking coffee or soda? (Answer page 16)



Find us on
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The Concourse Concert Hall CHATSWOOD

409 Victoria Ave, Chatswood, 2067

LCCB is celebrating its 60th “Diamond” Anniversary with an extra-special afternoon of music on Sunday 20th August, 2023 at 2pm.

The Lane Cove Community Bands Inc will present its 60th Anniversary Concert featuring performances from five of its ensembles; Karingal Concert Band, Turrumburra Concert Band, Cameraygal Wind Symphony, Tambourine Bay Winds and Burns Bay Big Band.

Past and present band members, family, friends and community members are invited to attend this special event. Audiences will be treated to a wonderful variety of music from classical to jazz, musicals to marches and more. Audience members are encouraged to support the diamond theme by wearing plenty of “diamonds” and bling.

The concert starts at 2pm and will finish approximately 4:15pm. Audience members admitted from 1:45pm. Afternoon tea is included with your ticket and will be served in the foyer after the concert.

All tickets are \$29.50 (inclusive of venue booking fees and afternoon tea). With plenty of room in a sensational venue and very reasonable ticket prices, bring all your friends, family and distant relatives to support this special anniversary.

AUSSIE DESTINATIONS – Kandos, NSW

Town famous for its cement production - known as The Town That Built Sydney.



Kandos is a town which was created in 1913 to exploit the limestone in the area. It became a huge producer of cement which gave it the nickname "The Town That Built Sydney". Since the cement works closed in 2011 it has become a popular "tree change" destination for artists and, as such, has a number of galleries and interesting art and craft shops.

Location

Kandos is located 234 km north-west of Sydney via Richmond and the Castlereagh Highway. It is 93 km north of Lithgow, 64 km south-east of Mudgee and 762 m above sea-level.

Some nearby towns are Wallerawang, NSW, Sofala, NSW, Newnes, NSW, containing some great info that ties in this region.

Origin of Name

The town came into existence about 1913 when a cement works was established. One interpretation says that the original name - Candos - was an acronym based upon the names of the six directors of the first company. Another claims that it was named after a local MP named William Chandos Wall. The first railway stop in the area was Candos which changed to Kandos on 7 March, 1915.

Kandos Museum



The Kandos Museum is located in the old Kandos Methodist Church at 22 Buchanan Street. The church was built in 1919 and is the first Spanish Mission style church in Australia. It is "a modern concrete building with a flat roof and a rectangular floor plan. The cement works donated the concrete for the building. Its modernist style was

derived from the Methodist church in the American home town of the manager of the cement works, Floyd S. Richards." Its many exhibits provide an insight into the region's industry and social history. Thematically it includes Industrial Kandos, Kandos Modernism, Kandos Indigenous Communities, Kandos War Service and Kandos Social History. From the museum there is a good view of the massive aerial ropeway which the cement company uses to convey limestone from its quarries.

Rotary Lookout

The town's Rotary Lookout can be accessed by driving from Kandos on the Sydney Road (It's located on Bylong Valley Way on the right-hand side as you're heading out of town towards Ilford) and as you pass the gantry that once carried buckets of limestone to the cement works (it is over 2 km from Kandos), there is a right-hand turn (unsealed) that takes you to the Lookout just above the road. This offers an elevated view back into the valley and of Kandos at the foot of Coomber Melon Mountain.

History

- * In 1884 the railway from Wallerawang was extended to Rylstone.
- * The town came into existence as a private village in 1913 when the New South Wales Cement Lime and Coal Company was set up to take advantage of local supplies of limestone which was conveyed from the quarries by means of an enormous aerial ropeway.
- * In 1915 the name of the town was changed from Candos to Kandos because Candos was seen as being too close to Chandos in South Australia.
- * In 1915 the Kandos railway station was opened.
- * Passenger rail to Kandos closed in 1985.
- * In 2011 the cement works were closed.
- * The Charbon coal mine in the area closed in 2015.



JOKE OF THE WEEK. A quant (an expert in quantitative analysis), a mechanical engineer, and a chemical engineer are shipwrecked on a deserted island. They are starving, and are tired of eating coconuts. They come upon a can of food on the beach....

The mechanical engineer says, 'let's wedge the can between these 2 palm trees and rig a branch to chop the top of the can off' The other two quickly point out that this will destroy the can and likely send the contents all over the place, wasting them...

The chemical engineer says, 'let's take the sea water and reverse the polarity of the water extracting the salt to make an acid and then burn one end of the can off' The other two quickly point out that while this is clever it will likely ruin the contents of the can.

The quant says, 'let's make a simplifying modeling assumption.... let's begin by assuming that we have a can opener'

Riddle: Coffee, just like all the other names with two e's. (Those with one "e" drank Pepsi.)



Doris, my doctor tells me I cannot touch anything alcoholic!

So, Mabel. Are you going to get a divorce?

TICKLES CORNER



Jangles, if I have 5 bottles in one hand and 6 bottles in the other hand, what do I have?

Spike, you obviously have a drinking problem!

Billy



“Humans. You know to make a mistake is human, but to blame it on someone else is even more human.”

WORD OF THE WEEK: QUISQUILIAN (adj.) – worthless; trivial

IDIOM OF THE WEEK: **All ears.** Eager to listen to what someone has to say.

QUOTE OF THE WEEK: Be careful of who you vent to. A listening ear is also a running mouth.

ANOTHER VIEW: ‘Everything we hear is an opinion, not a fact. Everything we see is perspective, not the truth.’ – Marcus Aurelis

A NOVEL NOTE: “Down by the dell-hole more vivid colours were awakening, and Lent lilies stood sentinel on its margin, or advanced in battalions over the grass. Tulips were a tray of jewels.’ - Howard’s End by E.M. Forster

DID YOU KNOW: The original inhabitants of Jamaica, the Arawak, grew corn and yams. Today, the major crops of Jamaica include sugar cane, bananas, and mangoes. None of these crops are native to the island; they were imported to the island at varying times in the island’s history. Coconut Palms, breadfruit, and bamboo were also imported to the island.

FUN FACT: Borneo is the third largest island on earth, about twice the size of Germany. It is home to 18 million people and over 200 ethnic groups. The entire coastline is peat swamp forest, then inland the geography changes from mangroves, to rainforest, to freshwater swamps, to alpine meadows around Mount Kinabalu – the tallest mountain in Southeast Asia. Borneo’s mountainous interior was considered impassable to explorers, although Indigenous populations have been exploring it for millennia.

SHE SAID IT: “Smoking kills. If you’re killed, you’ve lost a very important part of your life.” -Brooke Shields

HE SAID IT: “Now that I’m a parent, I understand why my father was in a bad mood a lot.” -Adam Sandler

SHE ALSO SAID IT: “People say, ‘But Betty, Facebook is a great way to connect with old friends.’ Well, at my age, if I want to connect with old friends I need a Ouija board.” -Betty White

HE ALSO SAID IT: “Being a father is the single greatest feeling on earth. Not including those wonderful years I spent without a child, of course.” -Ryan Reynolds

OLDER AUSTRALIANS ENCOURAGED TO ROLL BACK THE CLOCK

Lane Cove Bowling and Recreation Club is taking a step towards curbing low physical activity rates among older Australians by encouraging them to "roll back the clock" through lawn bowls.

Roll Back the Clock is a Bowls Australia initiative, in partnership with Sport Australia, that aims to boost physical activity rates among Australians aged 65 and over through bowls, light exercise and education.

Presently, as little as 25-percent of Australians over-65 meet the Department of Health's physical activity guidelines of 30 minutes of activity per day.

Health-related reasons, including physical and mental health, are the main barriers for older Australians participating in sport or physical activities and bowls is seen as a low-impact, socially-inclusive activity that can be enjoyed by individuals of all ages.

Roll Back The Clock programs incorporate a two-part activity lasting 30 minutes each, targeting both the body and mind through bowls, functional training, fitness and wellness education, and socialisation.

Sessions are adapted for individuals, with benefits ranging from enabling participants to perform activities of daily life more easily, to withstanding injuries and providing a sense of accomplishment and achievement.

In addition to the physical health benefits, engaging in physical activity and group sports for older Australians provides increasingly important opportunities for socialisation, peer-support, and conversation that reduces the possibility for loneliness related physical and mental illnesses.



Roll Back The Clock will be staged regularly at **Lane Cove Bowling and Recreation Club**, over 8 weeks, commencing 18 July 2023. Cost: \$80

🕒 The program will run from 2:00pm – 3:00pm on Tuesdays and combines exercise, wellness education, socialisation and little bit of bowls.

For further information please Telephone 9420 5793 or register through Bowlslink.

“COME OUT OF YOUR SHELL” EVERYBODY WELCOME

Make new friends
at our community club

ENJOY FUN DAY ACTIVITIES

LANE COVE BOWLING & RECREATION CLUB

151 Burns Bay Road, Lane Cove

EVERY TUESDAY Anytime between 10am to 4pm

To Register : call Marilyn 0411 105 909



COST
Club Social Membership \$10.00 pa
+
\$5 EACH TIME YOU ATTEND



LEARN TO PLAY BOWLS 2pm to 3.30pm





"Great, traditional pizza and a lovely little restaurant. Excellent service with an Italian accent which always makes the pizza taste better!"



"Poseidon's Catch Seafood is a real gem. A family restaurant that really values their customers. Their seafood is delicious and their salads are a must have."

Figtree Greengrocer - Lane Cove West - Phone 9420 2111

Rear of 229 Burns Bay Road (Cnr. Beatrice Street), Lane Cove West 2066



- Fresh Fruit & Vegetables
- Specialising in Fruit Baskets
- Organic & Gluten free products
- Fresh Flowers
- Continental Deli
- Italian Pasta
- Gourmet Ice Cream

We offer a very extensive range of fruit, vegetables, dairy products, meat products, nuts, sweets, ice cream, pasta and much more!

Come and visit our shop and be amazed!

Family owned and operated for more than 25 years!

Trading Hours:

Monday - Wednesday 7:30am to 6pm

Thursday: 7:30am to 6pm

Friday: 7:30am to 6pm

Saturday: 7am to 5:30pm

Hummerston's Gourmet Meats



WHERE THE *locals* MATTER



RAFFLES EVERY FRIDAY

Tickets @ \$2 each on sale from 5.30 p.m.

Draw starts at 6.30 p.m.



MEAT AND WINE

BOTTLES OF WINE / BEER

HUMMERSTON 'S QUALITY MEAT TRAYS

POSEIDON 'S CATCH SEAFOOD VOUCHERS

ZAPPARELLI 'S PIZZA VOUCHERS

FIGTREE GREENGROCER VOUCHERS

PLUS

BONUS DRAW FOR

GOURMET MEAT TRAY

BONUS - 1 draw for all tickets purchased in that night's raffle –the winner gets the gourmet meat tray.